

New Elementary 2
Unit 7 Reading
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Stress-Free

stress-free = without any stress

Be successful, make a lot of money, and live in a beautiful apartment in the city. Be happy because you "have it all." Many of us dream of these things, but for Emily and Simon Wilkinson, it wasn't enough. They had everything, but they weren't happy with their jobs or with life in the city. They wanted to change their lifestyle.

success (n.) ≠ failure

successful ≠ unsuccessful

make money = earn money

beautiful = pretty ≠ ugly

apartment (American) = flat (British)

You have it all = You have everything that you need for a comfortable life

dream of sth = want to have something that is like a dream

happy with sb/sth = satisfied with sb/sth

lifestyle = the way that you live

When their friends asked how, they said, "We're going to quit our jobs as computer engineers. We're going to leave our apartment and buy some land in the Cumberland Mountains."

quit = give up, abandon

buy ≠ sell



Cumberland Mountains, Virginia, USA

Now, three months later, life is very different. There's no electricity, no shower, and no supermarket nearby to buy food. But the husband and wife both love it, and they have big plans.

So what are they going to do? "First, we're going to build a house. Then we're going to plant a garden so we can have lots of vegetables to eat all year."

so = therefore

then = after that

plant = If you plant a particular area, you put plants into the ground there.

And are they going to work in the future? "We're going to offer vacations to business people who need to escape the stress of the city. But this time we aren't going to get stressed because of our jobs! We're going to work in our garden and just relax. We're probably not going to retire when we're 65!"

offer = put forward

vacation (American) = holiday (British)

escape = run away (from)

✚ stressed (out) (adj.) = worried, anxious

✚ stressful (adj.) = causing a lot of stress ⇔ a stressful lifestyle

✚ stressful ≠ stress-free

because = زیرا، چون

because of = به دلیل، به خاطر

relax = rest

probably = possibly

retire (v.) = to leave your job or stop working because of old age or ill health

Full Text:

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When their friends asked how, they said, "We're going to quit our jobs as computer engineers. We're going to leave our apartment and buy some land in the Cumberland Mountains."

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And are they going to work in the future? "We're going to offer vacations to business people who need to escape the stress of the city. But this time we aren't going to get stressed because of our jobs! We're going to work in our garden and just relax. We're probably not going to retire when we're 65!"

Summary:

Living Stress-Free

Emily and Simon Wilkinson had it all: success, money, and a beautiful city apartment. But they weren't happy. They decided to change their lives. They quit their computer engineering jobs, left their apartment, and bought land in the Cumberland Mountains.

Now, three months later, their life is very different. There's no electricity, no shower, and no nearby supermarket. But they love it. Their plan? First, they'll build a house. Then, they'll plant a garden to grow vegetables all year round.

As for work, they'll offer stress-free vacations to business people. No more job stress for them! Instead, they'll work in their garden and enjoy life. Retirement at 65? Maybe not!

Source:

[New Elementary 2 \(anglophone.ir\)](http://anglophone.ir)